

AWESOME ISLAND INSTRUCTIONS

1. Draw a sailboat, floating on a waterline.
 2. Determine the goals for your Awesome Island
 3. Determine the Next Target State
 4. List Driving Forces as “winds” above the waterline
 5. List Restraining Forces as “anchors” below the waterline
- *** Discuss ways your team can reduce or eliminate restraints ***
6. Pick 2-3 actions to start moving towards your Next Target

